



Risen Taekwondo, LLC

Updated Fall 2018 Schedule

Effective October 1st, 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1:00 - 1:45 Children's Homeschool Class				10:00-10:30 Little Kickers
			3:45-4:15 Tiny Kickers (3-4 y.o)		10:30-11:15 All Ages (All Belts)
4:15 - 5:00 Children's Mixed Class (6 - 12 Years Old)	4:15 - 5:00 Children's Mixed Class (6 - 12 Years Old)	4:15 - 5:00 Children's Mixed Class (6 - 12 Years Old)	4:15 - 5:00 Children's Mixed Class (6 - 12 Years Old)	4:15 - 5:00 Children's Mixed Class (6 - 12 Years Old)	
5:00-5:30 Little Kickers (4-6 Years Old)	5:00-5:45 Children's Sparring Class	5:00-5:30 Little Kickers (4-6 Years Old)	5:00-6:15 Tournament & Leadership Training	5:00-5:30 Little Kickers (4-6 y.o)	
5:30-6:15 Children's Green & Up (6-12 Years Old)	5:45-7:00 Tournament & Leadership Training	5:30-6:15 Children's Green & Up (6-12 Years Old)		5:30-6:15 Family Class	
6:15-7:00 Children's Mixed Class (6-12 Years Old)			6:15-7:00 Children's Mixed Class (6-12 Years Old)	6:15-7:00 Forms Class	6:15-7:00 Demonstration Team
7:00-8:00 Adult Class	7:00-8:00 Teen & Adult Class	7:00 - 8:00 Adult Class	7:00 - 8:00 Adult Class		

Welcome to Risen Taekwondo!

Thank you for choosing us as your Taekwondo school! We are honored and excited to be a part of your family's lives and to help you achieve your goals! Here are some guidelines about classes...

- Please arrive 5-10 minutes early (**Late = Push Ups!!**)
- Appropriate uniforms should be worn or changed into prior to class
 - Sparring Gear is mandatory in all classes
- Please discuss with an instructor before attending Tournament Classes